

www.freedombyfitness.com

24 hr fitness sizzle call 641-715-3900 pin: 50869

24 hr business sizzle call 888-504-2112

FREEDOM BY FITNESS BOOTCAMP

It's finally here, the exercise program to set you free!



Outdoor dynamic experience of a lifetime!

You will:

- **Increase flexibility and strength**
- **Have more energy and increase your focus**
- **Learn strategies, skills and techniques that will make you healthy and wealthy**
- **Develop more self-esteem**
- **Show yourself you can do it**

**Women Only –
All levels welcome**

Register Now!

For information and registration www.freedombyfitness.com

**Contact Fahim Leon Muhammad “The Freedom Coach” at
708-704-7309 or 708-395-1755**

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Learn More! Burn More! Earn More!
How much is your health really worth?

Would you like to:

- Improve your health and control your appetite
- Lose up to 20 lbs or more in your first 30 days
- Lose body fat – (hips, thighs, belly, etc.)
- Monitor and control your weight
- Work out at home or at the gym
- Have a personal trainer and stay fit
- Workout with family & friends in other areas or cities
- Help yourself, help others and earn income (Potential \$1, 000-4,000/mo. or more)



Register Now!

**100% Product
Satisfaction Guaranteed!**

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